

# Emergency Contacts

## FIRE • RCMP • AMBULANCE → 911

HOSPITAL → 780-349-3301  
 POISON CONTROL → 1-800-332-1414  
 AB HEALTH SERVICES → 1-800-667-0604  
 PEMBINA HILLS BUSSING → 780-674-8500

## WESTLOCK COUNTY AFTER HOURS NUMBERS

TRANSPORTATION → 780-307-4283  
 UTILITIES → 780-307-4073

## FAMILY EMERGENCY NUMBERS

_____	_____
_____	_____
_____	_____
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# Winter Check list

## OUTDOORS

- Water lines—Heat Tape
- Sump Pump
- Chimney
- Eaves

## INSIDE

- Smoke detector
- Carbon Monoxide detector
- Furnace and ducts
- Fire Extinguishers

## EMERGENCY

- Snow Plow Flag
- Phone Numbers
- 72 hr Preparedness Kit
- Contacts
- Batteries

## VEHICLE

- Battery
- Spark plugs
- Tires
- Winter fluids

**Does everyone in your home know your Rural Address when DIALING 911**



**Pick up your Emergency Magnet at**



# 72 HR EMERGENCY! IS YOUR FAMILY PREPARED??

Winter is coming so don't be caught stranded in a snow storm or in a blown in driveway without the tools and supplies required to take care of yourself and your family. Every household needs an emergency plan, it will help you and your family know what to do in case of an emergency.

Plan how to meet, how to contact each other and discuss what you would do in different situations.

For more information or to print off a PDF go to [www.GetPrepared.ca](http://www.GetPrepared.ca)

### READY-TO-STAY KIT

- Water – at least two litres of drinking water per person per day
- Food that won't spoil and a manual can opener
- Wind-up or battery-powered flashlight (and extra batteries)
- Wind-up or battery-powered radio (and extra batteries)
- First aid kit
- Extra keys to your car and house
- Some cash, such as \$10 bills and change for payphones
- A copy of your emergency plan and contact information
- If applicable, other items such as medication, infant formula, food, water and medication for your pets or service animals

### READY-TO-GO KIT

- Four litres of water for each person
- Food that you don't have to keep cold and a manual can opener
- Plastic or paper plates, cups, and utensils
- Wind-up or battery-powered flashlight (and extra batteries)
- Wind-up or battery-powered radio (and extra batteries)
- A change of clothes
- A card with emergency contact information
- Pet food and supplies for at least three days
- First aid kit
- Personal identification card
- Personal hygiene items, soap and hand sanitizer
- Store medicine you usually take near your ready-to-go kit

### EMERGENCY VEHICLE KIT

- Blanket
- Candles in a deep can and matches
- Extra clothing and shoes
- First aid kit with seatbelt cutter
- Flashlight (wind-up or battery-powered)
- Food that won't spoil (such as energy bars)
- List of contact numbers
- Radio (wind-up or battery-powered)
- Small shovel, scraper and snowbrush
- Warning light or road flares
- Water
- Whistle
- Safety/High visibility vest